**North Central District – WPTA**

**Tuesday May 9, 2023 Meeting Minutes**

**Videoconference via Zoom:** Wes Kurszewski (Chair), Chris Ashbeck (Vice Chair), Dave Smith (Secretary/Treasurer), Sue Griffin (APTA-WI President), Cindy Koehler, Cortney Meunier, Karna Sandok, Heather Vogel, Nicole Quarne, Ben Solheim, Chris Durrall,

**CE/Presentation/Discussion:** (after business portion): *Trauma Informed Care 101*. Jennifer Smith, M.Ed., program coordinator for Youth Mental Health and Wellness in the Center for Community Health Advancement at Marshfield Clinic Health Systems.

Zoom recording link: **starts at 0:40** https://us06web.zoom.us/rec/share/VK1SluHsS8ZJhS7xgXl3bPJSeKQOvwl67GKOkVds4wmznzfeaZEaZmHE8xtqlwUo.LfEvKbMNMnrV6fG8

**Passcode: YHh0%rwU**

Links to other resources:

Attached is a Trauma Informed Care for Healthcare Workers pdf from Crisis Prevention Institute – reviews the TIC principles discussed in the presentation/webinar

Original ACE Study:  [https://www.cdc.gov/violenceprevention/aces/about.html](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.cdc.gov%2Fviolenceprevention%2Faces%2Fabout.html&data=05%7C01%7C%7Cec6ba07894ae4bb862f108db555df37d%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638197634410888224%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=0uAkRScpOVVvqaYsrxU2an9Ylv0s%2Bf22TulZR%2FSgPUE%3D&reserved=0)

Wisconsin specific:  [https://preventionboard.wi.gov/Documents/ACE-Brief\_2018FINAL.pdf](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fpreventionboard.wi.gov%2FDocuments%2FACE-Brief_2018FINAL.pdf&data=05%7C01%7C%7Cec6ba07894ae4bb862f108db555df37d%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638197634410888224%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=aRkKptWRa%2ButcnnxPbUL2IV03IosDcRihehOhnL667o%3D&reserved=0)

Dr. Dan Siegel’s Hand Model of the Brain explanation and the importance of brain integration (which is negatively impacted by early trauma experiences):  [https://www.youtube.com/watch?v=f-m2YcdMdFw](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3Df-m2YcdMdFw&data=05%7C01%7C%7Cec6ba07894ae4bb862f108db555df37d%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638197634410888224%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=AN4wW6c%2FQBhhrPrPDUgOj7nmABfyYg4io5bPejgHz%2Bg%3D&reserved=0)

On a side note – if you are a parent – Dr. Siegel’s work is wonderful.  I recommend reading the book *The Whole-Brain Child*.

**Officer Reports:**

* Review and approval of minutes from February meeting – (on website)
* Treasurer report– Dave Smith - current balance $15,287.
	+ Only withdrawal was APTA WI Spring Conference partial honorarium for speaker ($800).
	+ Ethics course fall 2022 stats (not provided at meeting): Net = $16.68 (speaker fee $1033.32, registration income $1050)

**Subcommittees/Representatives:**

* + Executive Committee
		- Strategic Plan Overview (APTA-WI) – Wes Kurszewski and Sue Griffin (APTA-WI President) presented
			* Google Doc of entire list available for viewing as requested. Last discussed in April by Executive Board at APTA-WI, with focus to be narrowed down in future meetings
			* Top four highlights per Wes for the NCD (much more information exists in the Strategic Plan
				1. Transform Society – Barriers to access legislation; Health & Wellness Committee
				2. Transform Association – increase volunteers and leadership

Nominating Committee (Nicki Quarne – committee member, presented) – several openings to volunteer including chief delegate, one director position, 3 delegates to the APTA House of Delegates. Also have options to volunteer for one-time events. Contact Nicki with questions or if interested.

* + - * 1. Increase PT/PTA Membership (Cindy Koehler, Membership Committee, presented).

Welcome letter sent to new members; Chairs to support/mention at district meetings

Discussion at Spring Conference about dues = $2/day currently

National partnerships in multi-state recruitment efforts, advertising

Current 30% PTs, 8% PTA’s are members

* + - * 1. Goal to increase non-dues revenue by 25%
		- PAC (Political Action Committee) Social Event (Wes and Cindy presented)
			* NCD considering PAC Social Event to celebrate and socialize with recurring monthly donators to the PAC. Recurring monthly donations of at least $5/mo are preferred for planning purposes.
			* Considering late July/early Aug Wausau Woodchucks baseball game. Many options for packages from $9 to $37/person based on seating, food/drink.
			* Discussion: Estimated 15-20 people x 1 = 30-40 people. $600 from NCD would be $15.50/person. Would have to set deadline for registration.
			* Wes, Cindy, and others will work to organize
			* **MOTION**: The NCD agrees funds up to $1000 for a Wausau Woodchucks Baseball game PAC Fundraiser during the summer of 2023 for monthly recurring donors. Motion Cindy Koehler, second Nicki Quarne. Vote: motion passed without dissent
		- APTA-WI Spring Conference review (Chris Ashbeck reviewed)
			* Low attendance trend continues, but feedback from attendees about content was extremely positive.
		- APTA-WI Conference reformatting (Chris Ashbeck reviewed)
			* Much discussion in the Professional Development Committee about decreasing attendance and increasing costs (fewer employers are covering CE costs, inflation; increasing venue costs)
			* APTA-WI bylaws require business meetings
			* Ideas: Spring Conference reduced to one day, Friday, 8-12 and 2-5 pm sections, shorter courses of 2 hours. Hold at one of the state’s DPT programs to increase student involvement (students fee waived) and reduce overhead costs. Host site rotated.
			* Discussion: APTA and State chapter bylaws likely to change soon. Recommended sending survey to membership about barriers (costs, hotel costs, workdays vs weekend days). Professional Development Committee will address. Chris to keep us informed.
		- Fall 2023 District elections
			* NCD Elections in fall of this year 2023. Wes is finishing the second year of the 2-year maximum for Chair position. Vice-Chair and Secretary are also up for election but are not required to be replaced. Contact Wes for questions. Please consider involvement.
			* Nominations by October meeting; ballots and election via APTA-WI in the fall
	+ Membership Committee: Cindy Koehler
		- see info noted above for PAC fundraiser event
		- possibility of Social/PAC event at the fall CE course in Minocqua; will work with Nicki Quarne about options at course (see below)
	+ Education Committee: (Chris Ashbeck – Vice Chair, Kate Bennett, Karna Sandok, Kaela Rueden, Nicki Quarne) – presented by Nicki Quarne
		- Upcoming Courses:
			* *Credential CI Course.* **October 20-21** (Fri-Sat) at The Waters in Minocqua. Liz Alfonsi, PT, DPT, ATC, Assistant Professor of Physical Therapy - Concordia University Wisconsin.
			* Course being held in Minocqua to increase participation by the northern parts of the NCD
			* Possible social event with/without a PAC Fundraiser type event
			* Contract, marketing, logistics in process. Look for coming emails and social media posts.
			* UWSP DPT Program will have their first class ready for clinical internships in 2024 and are in need of host sites.
			* NCD is strongly committed to the success of the UWSP Program, realizing the success of Physical Therapy in our region of the state is tied to graduates in our region
		- Prior Planning
			* *Certified Exercise Expert for Aging Adults (CEEAA)* - no discussion

**Old Business:**

* Legislative Updates
	+ UMR Legislation (*Utilization Review / Utilization Management).* Continue to look for information in 2023. No discussion.
* NCD Goals/status – see minutes from 02/13/2023 meeting. Not discussed directly at this meeting.

**New Business:**

* Embedded above

**Future Meetings: Note the meetings will be held on the SECOND Tuesday of the month in February, May, and October at 5:30 pm. Our next meeting date is October 9, 2023**

**CONTACTS:**

**Chair: Wes Kurszewski** wesley.kurszewski@gmail.com

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**Secretary/Treas: Dave Smith** smith.david@marshfieldclinic.org

**APTA-WI President: Sue Griffin** suegriffin@aptawi.org

**PT-PAC FUND:** <https://aptawi.org/political-action-committee/>

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Submitted by NCD Secretary Dave Smith, MPT on Tuesday May 16, 2023